

# Lessons



*Optimize your game by taking lessons.*

Lesson(s)	Type	Cost
1	Private (1)	\$80 / lesson
5 (Package)	Private (1)	\$70 / lesson
1	Semi-Private (2)	\$49.50 / player
5 (Package)	Semi-Private (2)	\$45 / player per lesson
1	Group (3)	\$40 / player per lesson
5 (Package)	Group (3)	\$35 / player per lesson
1	Group (4)	\$35 / player per lesson
For more information, visit <a href="http://seancoaching.com/lessons">seancoaching.com/lessons</a>	Group (4)	\$30 / player per lesson

SeanCoaching.com Revised 2024



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**SEAN FOWLER**

**Tennis Head Pro**

**Craig Henry Tennis Club**

135 Craig Henry Dr., Nepean ON K2G 4M6

**Spring/Summer/Fall 2024**

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Seancoaching

*View complete info at*  
**SeanCoaching.com**

## “Green Means Go” Tennis Program



- **“Green Means Go”** is a program for adults from The Ontario Tennis Association (OTA).
- This program uses progressive tennis equipment with modifications as needed.
- The equipment utilized encourages longer rallies and a smoother introduction to the game with progressive balls (coloured balls).
- Clinics are open to non-members.
- Learn the fundamentals of tennis from Sean, in a safe and supportive environment.
- The clinics are best suited for those who have never played before or who have minimal experience.

### CONTACT

For more details, please check Sean’s website:  
[seancoaching.com/tennis/clinics-workshops/](http://seancoaching.com/tennis/clinics-workshops/)

## Head Pro SEAN FOWLER

### MEET SEAN

- Tennis Canada Club Pro 2 Certified Coach with over 20 years coaching experience
- coaches adults and children of all ages, levels and abilities
- specializes in new, beginner and intermediate players
- caters to all learning styles, abilities and interest by using a combination of visual, kinesthetic and auditory teaching techniques,
- ability to break down complicated concepts into manageable pieces to improve on different aspects of your game
- a genuine love of the sport and wants to share it with you



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